

Hot chocolate
time!



Healthy Hot Chocolate ingredients:

2 cups of almond milk (or
your milk of choice)

2 tablespoons of cocoa
powder

2 tablespoons of honey
or maple syrup

1/2 tsp vanilla extract



Healthy Hot Chocolate Recipe:

Warm the almond
milk in a small
saucepan.

Whisk in the cocoa
powder, honey, and
vanilla extract.

Whisk well to remove
any lumps from the
cocoa.

Optional: add
marshmallows!



First



Next



Finally





Handwriting practice lines consisting of four sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.